

Best Practice- 1

I) Title: Visit to Senior Citizen Resort

II) Objectives:

1. To develop sympathy and respect for the senior people.
2. To increase the social awareness and responsibility towards the senior people.
3. To understand the duty of youths for old people.
4. to study the effects of ignorance of old people.

III) The Context:

India is the second largest country in world where have the largest population of senior citizens... In urban and rural areas, people who are educated, wealthy and possess strong beliefs, values and norms regard elderly individuals and pay them great deal of respect, their needs are adequately taken care of and they are consulted when any important decisions are to be made, hence the elderly individuals also take pleasure and satisfaction in living with their children and grandchildren.

On the other hand, underprivileged, poverty stricken and deprived individuals and families who do not possess the resources, finances and other means to take care of the elderly consider them as a burden and send them to senior citizen homes where their needs can be adequately taken care of.

There has been an increase in the demand for senior citizen homes in India and in all the countries of the world, as elderly individuals do experience problems in living alone or with their children. There have been number of benefits of living in senior citizen homes. mostly elderly individuals are always safe and live their lives in a peaceful manner. In various cities, towns and rural areas, there is a demand for senior citizen homes; the establishments of senior citizen homes are not in accordance with certain principles or standards but the main objective is to make living of all the elderly people satisfied and pleasurable. However, minimum services for

adequate living are the food, sleeping, recreation, reading etc. that are required in order to create a healthy atmosphere.

Due to various reasons, the elderly people are not able to live autonomously without any support. In most cases, the children may be employed elsewhere and they face problems in supporting their parents in a direct manner, in such cases, elderly people develop an enthusiasm to get admitted in Senior Citizen homes.

IV) The Practice:

In the every academic year, the departments of NSS and NCC offer special service to 'Shri. Shantisagar Senior Citizen Resort, KumbhoJ Dist- Kolhapur and nearby other old age homes in the Ichalkaranji City. After the discussion with the President of old age home Smt. Kanchan Kapase and Through the permission of authority. All the students and team visited 29th April 2022.

There are 50 persons and 25 rooms, two persons usually live in one room; there is a recreation hall, dining hall, kitchen, store, library, consulting doctor's room, and so forth. There has been availability of proper facilities such as furniture, chairs, kitchen equipment, washing machines, health club equipment, television, VCR, music system, library, and reading room. NCC Department and all staff of college gives them fruits and required the materials of daily use such as soaps, detergents, medicine. Therefore, it is understood that the requirements of the elderly individuals through which their lives can be made more comfortable.

Through our visit department of psychology counseling the elderly individuals. and advised them follow a routine in their daily lives such as doing morning exercises, having breakfast, reading, playing indoor sports, listening to music, watching television, interacting with their friends and other people around for the good mental health.

department of NCC caring and help the senior people for welfare services.

V) Evidence of Success:

The aged individuals who are suffering from illness need special services in their senior citizen homes. Disregarding the needs intentionally or unintentional failure to meet the requirements of the older person and violating of the personal rights are the main difficult situations that can be encountered within the old age homes. Feelings of loneliness, isolation,

social economic status of the elderly individuals, transformation in the social roles, adjustment problems in old age and generational gap are some important factors that may cause problems for the elderly individuals.

After the introduction of our college staff started off with the cake cutting. Later, the students presented them with a card that they had made for old peoples with food , grains. Next our college students started with a small entertainment programmed that they had put up for them. The residents bubbled with energy, as they shook a leg with us and hummed to the tune of evergreen songs! It was a different kind of satisfaction altogether, to hear their joyous laughs, their toothless smiles and hushed giggles. So contrary to when we first saw them. The very purpose of the visit had been achieved.

Department of psychology try to solve their problems and counseling them. NCC and NSS students clean the campus of Senior Citizen Home. Students actively participated in discussion with the old people and help to sharing their thoughts and opinions.

VI) Problem Encountered and Resource required:

India is witnessing a rapid increase in the population, and there has been an increase in the number of elderly individuals. With the influence of urbanization, globalization and modernization, there have been transformations within the socio-economic structure; individuals are migrating to other cities and regions in search for better employment opportunities, and there has been breakdown of the joint family system into the nuclear family system. As an individual reaches old age, there is an increase in health problems, illness and elderly individuals need someone to look after them, when they do not find anybody to take care of them; they normally make a decision of getting themselves admitted into old age homes. Life satisfaction is regarded to be a significant socio-economic construct in the case of aging; it is one of the commonly accepted subjected conditions of the quality of life of the elderly and is one of the most thriving components of successful aging.

There are appropriate norms and rules formulated within the old age homes; the elderly individuals are in need of attention, they require understanding, care and consideration. It is the duty of the family members, care givers and old age home staff members to make sure that they do not spend the twilight years of their lives in isolation, misery and despondency. Elderly

individuals are important and play a vital role within the lives of the individuals, whether they are parents, grandparents, relatives, or friends; they should be respected, adored and one should always seek their blessings and good wishes.

The visit left a deep impact on the mind of students. A deep impact on their conscious. they all were became more sensitive. The visit was an epiphany. Each one of them was determined to obdurately stand by their parents and elders, through thick and thin. The residents at the old age home had motivated them all with their hankering hearts and unwavering hope. the college gain to achieve the success to improve the humanist approach within the students.

Fruits Distribution to Old Age People





Students with old age people



Best Practice- II

I. TITLE OF BEST PRACTICE

Encouraging Reading Movement/ Culture

- Celebration of Different Days like Dr. S.R. Rangnathan Day, Vachan Prerana Day, Swami Vivekanand Birth Anniversary.

Conducting Book Exhibitions on Different Occasions.

- Instituting Annual Best Reader Award.
- Organizing Annual Book Review Competitions
- Book Donation

II. OBJECTIVE OF THE PRACTICE:

- To foster a reading-friendly social environment.
- To make an inventory and valorize educational activities stimulating pleasure in reading amongst young generations.
- To promote a reading habit among students.
- To enable students to read, write, and think critically.
- To support students in improving their academic achievement as well as the country's growth potential.
- To enable students to analyze and draw conclusions from their reading with ease.

III. CONTEXT

Reading, as we know, improves empathy, linguistic development, improved concentration and focus, mental stimulation, vocabulary expansion, and improved writing skills, among other benefits. 'Reading' as a key area for development. The benefits of reading for pleasure are wide ranging and extend beyond increased educational outcomes to improved wellbeing, health, and connections with others.

Reading habits are shifting as a result of technological advancements. While technology is gradually gaining control over individual lives in our

society today, the reading habit is rapidly diminishing. Reading is no longer a skill that students possess. They instead spend more time on the internet. Browsing the internet, playing over cell phones, sending nonstop SMSs, and chatting with friends appear to be the norm, making reading a book or any other written material in a quiet or tranquil corner of a library or at home an antiquated concept for most school students.

Students rarely read for pleasure or amusement; instead, they read in order to pass an examination. The decline in reading culture among our youngsters is a reason for concern and a challenge for everybody, and something must be done to address this looming crisis.

With this in mind, our college initiated the Reading Inspiration Movement (Vachan Prerna Mohim), which encourages students and staff to read books.

IV. Practice

The Reading Inspiration Movement has been adopted as a unique activity for students and staff over the past three years after careful planning. As part of this initiative, we performed in the following activities during this academic year.

➤ Celebration of Days:

1. August 12th is being celebrated as National Librarian's Day in India, in remembrance of father of library science, Dr S. R. Ranganathan (1892-1972), who had spearheaded library development in India observed 9th August as '**Ranganathan Day/National Librarian's Day**'.
2. On the 15th of October, 2022, we celebrated 'Vachan Prerana Din (Reading Inspiration Day)' in honor of Former President Dr. A. P. J. Abdul Kalam's birth anniversary. On that day, we have arranged a Poetry Program where esteemed Poetess Smt. Pratibha Pailwan will be showcasing her poetic talents.
3. In January, on 12th January we commemorated **Swami Vivekanand's Birth Anniversary**.

➤ Book Exhibition:

As part of its regular practice, the library organizes periodic book exhibitions for all stakeholders. On January 17, 2021, a book exhibition was held to mark Swami Vivekananda Jayanti. Similarly, on Women's Day, the library organized another book exhibition. The goal of the book exhibition is to encourage students to read and familiarize themselves with the library's collection. The Exhibition was inaugurated by I/c. Principal Dr. along with HoDs, senior faculty members, administrative staff library staffs and students.

➤ **Annual Best Reader Award:**

Since the academic year 2017-18, the Annual Best Reader Awards have been given to students & staff who read the most books and make the most effective use of other library resources and services. In the AY 2022-23 following are the best library awards winners:

Former Prin. Dr. Anil Patil

Principal

Miss Sanika Ananda Bhiungade

Student B. Com III

Mr. Anil sutar

Non-Teaching staff

➤ **Organizing Annual Book Review Competitions**

Writing a book review may spark a discussion about the content of the book, which improves the reading habit even more. So, Every Year in January Library organizes a Book review competition for students. Before 15 days of the competition, a notice regarding a book review competition was displayed. Total 09 students have taken active participation in the competition. Following are the three winners of the Book Review Competition 2022-23

Priyanka Sanjeev Sagar

1st B.A. II

Sanika Sanjay Bhole

2nd B. A. II

Nikita Lakshman Patankar

3rd B.Com. III

➤ **Book Donation**

Various organizations and individuals regularly donate or give books to the library. In AY 2022-23, the library received more than 04 volumes from the faculties of the institutions. This donated material helps to cultivate reading habits among students and provides access to quality reading material.

V. Evidence of Success:

Reading is one of the most important skills for children to acquire in order to be successful. Reading skills are not only essential academically, but they are also a necessary skill for long-term success. Reading expands one's vocabulary, improves attention span, and encourages more analytical thinking.

The success of this practice is measured in terms of books borrowed from the library on a regular basis that were not textbooks. Students began to spend more time in the library. Many students asked the librarian about new arrivals and well-known and bestselling books. The students' feedback to the library unit was really positive.

The story's success is due to the collaboration of faculty members, library personnel, and all others who deliberately backed this effort. It's a fantastic success story, and we're looking forward to seeing more inventive initiatives like this in the future.

VI. Problems Encountered :

The sudden and unexpected statewide closure of colleges in India, reflecting the situation throughout the world, has pushed children to rely on home resources for reading. During a lockdown that forced a college closure, students had limited access to printed resources for reading. As a result, students' active participation in the reading movement has been profoundly impacted. Students who enjoy reading less are more likely to read less during the summer.

Because reading for pleasure is essential for fostering reading habits, the library staff along with teaching staff must pay attention to students, who do not read for pleasure and develop strategies and programs to ensure that all students have the opportunity to enjoy reading and develop lifelong reading habits, avoiding the effects of a college closure reading loss.



Celebration of Dr. S.R. Ragnathan Day on 12th August by an idol worship program by the auspicious hands of I/c. Prin. Prof. Dr. Trishala Kadam. The program was attended by teaching and administrative staff and students.

On Vachan Prerana Day celebration by with esteemed poetess Smt. Pratibha Pailwan, I/c. Prin. Prof. Dr. Trishala Kadam all teaching staff & students



Book Exhibition on 12th January 2023





Student Attended Book Exhibition 2022-23